We are in a region of mega-biodiversity so there is a lot to see and do. We recommend a minimum stay of 8 days. But we do have people staying as short as 3 days and as long as 3 months. For people staying 5 days or less we only use the main lodge. There is a great variety of activities from the main lodge, hiking in varzea and terra firme ecosystems, canoe in flood forest, canopy zipline, swim in lake, visit native communities. But the wildlife is better and the forest more pristine at our remote Research Center Lodge. You must stay a minimum of 6 days total to include a visit to the Research Center Lodge.